

PUBLIC FILE 1
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Saturdays, 6:00A-6:30A

CATEGORY: EDUCATION

Issue: **Molestation Survivors**
Program: Public File 1
Date: January 12, 2014

Description: In her book, the guest asks, "Who are the mothers of molestation survivors?" She asked this question herself to numerous mothers of molested children, as well as many mothers who had themselves been molested in childhood. As a licensed clinical social worker, Johnson has counseled many families through dealing with the after-effects of sexual child abuse. While she realizes the focus should be on the child, she also came to understand that the mothers needed help too, while few resources existed for them. Mothers tend to blame themselves, to feel it is their fault their child was harmed, or that they should have known. Johnson removes the blame by dispelling false beliefs, such as that a mother should know when her child is being abused. She also reveals that mothers of molestation survivors (MOMS as she calls them) have often been abused themselves. Johnson analyzes different types of MOMS, based on numerous interviews with them and interviews with adults who were sexually abused as children; she even provides interviews with a few child molesters so parents will understand what to watch for. Johnson gets at the reasons why different mothers react the way they do, and she provides alternative decisions and suggestions for mothers to teach them to be resourceful and educated; she even addresses the difficult question of where God is in the midst of child abuse.

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Saturdays, 6:00A-6:30A

CATEGORY: ECONOMY

Issue: **Achieving Your Life's Goals**
Program: Public File 1
Date: January 5, 2014

Description: Jan Mendoza is a motivational author and broadcaster who uses her real-life experiences to help you get out of your own way to get things in your life accomplished. If you dreamed about being an author, entertainer, or mountain climber, Jan will help you reach your goals. Jan Mendoza worked many years as an on-air personality, is a certified paralegal and has embarked on many entrepreneurial endeavors in her life. Get up and get going, that's her motto. Her shows feature interviews with special motivational guests, and on-air callers. Her book, "I Was Born To Be", teaches tools for success - fighting negative voices, successfully managing time, getting ideas started and sold - and tools for life – legal facts about divorce and separation, dealing with turmoil in the family, and how to stay happy by living.

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CATEGORY: GOVERNMENT

Issue: **Environmental Photography for a Cause**
Program: Public File 1
Date: January 19, 2014

Description: Garth's project with Blue Earth continues his work on the threat presented by unsustainable energy development, particularly unconventional fossil fuels. This work comprises both the photographic documentation of these issues, as well as the effective outreach needed to ensure that the resulting images make a positive contribution. From the outset, a central theme of his work has been the contrasts between the industrialized and natural landscape. The primary focus of his early work was forests and the impacts of industrial logging. As his understanding of ecological issues has grown, so has the range of his photographic subjects. His recent work has been largely focused on the world of modern fossil fuel production and its associated impacts on the landscape — including mountaintop removal coal mining, shale gas production, and most recently the Alberta Tar Sands. He will be returning this fall to the Alberta Tar Sands to create new work as well as to give a tour of the area to environmental journalists. Garth's photography of environmental issues, threatened wilderness regions, devastation, and the impacts on indigenous peoples, has appeared in many of the World's leading publications. As an environmental photojournalist, motivated by a deep concern for the environment and the need to protect intact wilderness, working closely with committed activists and knowing that his images will play a significant role in their efforts has been one of the most rewarding and inspiring aspects of his work. His images have helped to shape public opinion and provided organizations with the material they need to advocate in a visually compelling way.

Issue: **Drunk Driving Prevention**
Program: Public File 1
Date: February 9, 2014

Description: The Report Drunk Drivers, anti-DUI effort is a year-round effort by the California Office of Traffic Safety, the California Highway Patrol, and local law enforcement that discourages drivers from drinking while driving, while encouraging drivers to always designate a sober driver and report drunk drivers by calling 911. Although the effort is enforced year-round, an annual DUI Crackdown period occurs in mid-December and continues through the new year. During this time, drivers can expect scheduled DUI checkpoints, roving DUI patrols and enhanced enforcement efforts throughout the state. The crackdown is a statewide effort that spans 42 counties and includes more than 400 law enforcement agencies. The Office of Traffic Safety, California Highway Patrol, and local law enforcement want everyone to drive safely and responsibly. As you travel California's streets and highways, you can do something to help get drunk drivers off the road. Always designate a sober driver, and if you see a drunk driver on the road, call 911. The public can use the emergency number to report and help the CHP identify drunk drivers before it is too late

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CATEGORY: GOVERNMENT (Cont'd)

Issue: **Problem Gambling**
Program: Public File 1
Date: February 23, 2014

Description: Problem gambling is recognized as a chronic disorder marked by an uncontrollable urge to gamble. The individual cannot stop gambling despite mounting negative consequences to himself/herself. These consequences are usually financial issues that compromise, disrupt or damage personal, family, educational and/or vocational interests. There are many who will experience negative consequences as a result of this insidious disease, including the gamblers themselves, their families and loved ones, and their communities. The OPG's goal is to help problem gamblers and their families by building partnerships in ethnic communities and to expand resources for all cultures. They want to overcome linguistic barriers and reduce the time it takes citizens to get help for gambling problems. This website was built for ALL Californians and currently offers information in English, Spanish, Chinese, Vietnamese, Hmong, Tagalog and Korean. In some cultures, those with gambling problems may not reach out for help even when that help is free. OPG respects cultural differences and understands concerns over language barriers, especially for newer immigrants. Cultural and linguistic differences should not prevent someone from getting the help they need. Through their website, OPG offers the collective knowledge and skills of authorities and professionals in the prevention and treatment of problem gambling. On this site visitors can access culturally competent programs to help problem gamblers and their families. It is a partnership that will benefit thousands.

Issue: **Emergency Relief**
Program: Public File 1
Date: March 16, 2014

Description: The Capital Region Chapter of the American Red Cross first emerged in 1898 and has been providing valuable services to the community ever since. Today they continue to be one of the most trusted community organizations in the area. The Capital Region Chapter of the American Red Cross serves an eleven-county area with a total population of 3,453,429 - the most ethnically and racially integrated metropolitan area in the country. Headquartered in the California State Capital of Sacramento the Capital Region Chapter covers a territory consisting of urban to rural, mountains to valley flatlands, and everything in between. They are dedicated to providing exemplary customer service when delivering the Red Cross mission to their constituents. The chapter responds to a local emergency nearly every 21 hours, is supported by 2,400 dedicated volunteers, and provides service to approximately 13,000 square miles over 11 counties

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CATEGORY: HEALTH

Issue: **Achieving Your Life's Goals**
Program: Public File 1
Date: January 5, 2014

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Issue: **Molestation Survivors**
Program: Public File 1
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Description: In her book, the guest asks, "Who are the mothers of molestation survivors?" She asked this question herself to numerous mothers of molested children, as well as many mothers who had themselves been molested in childhood. As a licensed clinical social worker, Johnson has counseled many families through dealing with the after-effects of sexual child abuse. While she realizes the focus should be on the child, she also came to understand that the mothers needed help too, while few resources existed for them. Mothers tend to blame themselves, to feel it is their fault their child was harmed, or that they should have known. Johnson removes the blame by dispelling false beliefs, such as that a mother should know when her child is being abused. She also reveals that mothers of molestation survivors (MOMS as she calls them) have often been abused themselves. Johnson analyzes different types of MOMS, based on numerous interviews with them and interviews with adults who were sexually abused as children; she even provides interviews with a few child molesters so parents will understand what to watch for. Johnson gets at the reasons why different mothers react the way they do, and she provides alternative decisions and suggestions for mothers to teach them to be resourceful and educated; she even addresses the difficult question of where God is in the midst of child abuse.

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CATEGORY: HEALTH (Cont'd)

Issue: **Help for Cancer Patients**
Program: Public File 1
Date: January 26, 2014

Description: The Karla J Williams Foundation is a non-profit organization that aims to better the life of women cancer patients while they are undergoing treatment. They do so by providing nurturing support services. The foundation also exists to increase public awareness about the prevention, detection and treatment of women's cancers. Their mission includes connecting patients in Northern California to resources and available clinical trials. Support services provided include housekeeping, grocery shopping, transportation to medical appointments and treatments, day care services, meals for the patient and their families, and other daily routine tasks in order to make their fight with cancer a little less challenging. They also facilitate fundraisers for cancer patients.

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CATEGORY: HEALTH (Cont'd)

Issue: **Improving Relationships in Your Life**
Program: Public File 1
Date: March 2, 2014

Description: Take the 5-minute Bibace Self-Test 1. Ask yourself: What should I be doing to achieve a good relationship with another person? Write down your answer. 2. Make a list of the 5 people with whom you have the best relationships. 3. Make a second list of the 5 people who make you feel the best about yourself. 4. Compare the two lists. If they are identical or 4 out of 5 are the same, you have your answer. Your best relationships are with the people who make you feel the best about yourself! 5. Unless that was your answer to question 1, you will have just learned a very important truth and this book will show you how to implement it in all your relationships. Here are a few things "Relationship Power" is very likely to do for you: Improve your relationship with your spouse and family, as well as your social and business relationships, making you a happier and richer person, both emotionally and financially. Help you understand yourself better than ever before, and through that understanding, help you understand others. Show you how to kindly and unobtrusively improve the behavior of others to their life-long benefit as well as perhaps to yours. Identify the main obstacle to previous failed efforts you may have made, explain the source and degree of its power over you, and determine how to overcome it. Assist you in the easiest and quickest way to achieve all the above, in a manner that you can very quickly check for yourself that it is working.

Issue: **Health Care**
Program: Public File 1
Date: March 9, 2014

Description: WellSpace Health is the result of a merger between two Sacramento social service agencies. Family Service Agency historically provided child and family therapy, crisis intervention, and violence prevention. WellSpace Health provided primary health services and treatment of substance abuse. On October 1, 2005 these two agencies merged to create Sacramento's single largest provider offering a full continuum of care for health, mental health, and addictions treatment. The mission of WellSpace Health is achieving regional health through high quality comprehensive care. The vision of WellSpace Health is to build on and strengthen our Core Values, while providing exemplary services through innovative strategies to achieve financial self-sufficiency within two years. By becoming self-sufficient, they hope to attract and retain highly talented people, continually improve the levels of service we provide, and be a dynamic place where effective treatment is readily available to people who need it. They have a passion for the underserved, and seek to provide the best quality service to them. They provide comprehensive medical care for every member of the family, from newborns to seniors. They seek to provide preventive care, treatment for minor illnesses or injuries, and management of chronic medical conditions such as diabetes, asthma or high blood pressure.

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Issue: **Environmental Photography for a Cause**
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Issue: **Retirement Tips for Baby Boomers**
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Issue: **Foster Care**
Program: Public File 1
Date: March 23, 2014

Description: Sierra Forever Families is a private, non-profit agency that focuses on finding and nurturing permanent families for children living in foster care. Founded in 1983, the agency has provided permanent families for more than 3,000 children. Sierra believes that every child needs and deserves a permanent, loving family. Through the agency's innovative programs, it has become an industry leader known for advocating and finding homes for older children and large sibling groups. Their mission is to transform the lives of children in foster care by building and nurturing permanent families. They believe that while some children might need temporary care, no child should grow up in temporary care. All children need a forever family to call their own.

Issue: **Domestic Violence**
Program: Public File 1
Date: March 30, 2014

Description: Women of Worth is a 501 (c)(3) community benefit nonprofit organization. Women of Worth assists families in crisis and domestic violence victims to increase self-reliance and improve quality of life by helping them rebuild their lives with dignity, hope and safety. They provides no-cost services, including short-term assistance for families in crisis, and long-term transitional programs to enable women to safely escape domestic violence. Women of Worth was founded to restore the lives of abused women and children in Nevada and Placer counties. Services are designed with this question in mind: "What would help them escape and start a *safe, new life?*" Women of Worth assists victims of domestic violence and families in crisis with services such as transitional housing, emergency shelter assistance, counseling and support groups, furniture and personal items, educational and career assistance, and life skills training and mentoring. Women of Worth was founded by Sandy Schmidt, a domestic violence survivor whose personal passion is to help abused women and children escape domestic violence. Services are provided free of charge to clients, and results in families that live in safety, renewed hopefulness — free from the threat of violence and abuse.

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Program: Public File 1
Date: February 23, 2014

Description: Problem gambling is recognized as a chronic disorder marked by an uncontrollable urge to gamble. The individual cannot stop gambling despite mounting negative consequences to himself/herself. These consequences are usually financial issues that compromise, disrupt or damage personal, family, educational and/or vocational interests. There are many who will experience negative consequences as a result of this insidious disease, including the gamblers themselves, their families and loved ones, and their communities. The OPG's goal is to help problem gamblers and their families by building partnerships in ethnic communities and to expand resources for all cultures. They want to overcome linguistic barriers and reduce the time it takes citizens to get help for gambling problems. This website was built for ALL Californians and currently offers information in English, Spanish, Chinese, Vietnamese, Hmong, Tagalog and Korean. In some cultures, those with gambling problems may not reach out for help even when that help is free. OPG respects cultural differences and understands concerns over language barriers, especially for newer immigrants. Cultural and linguistic differences should not prevent someone from getting the help they need. Through their website, OPG offers the collective knowledge and skills of authorities and professionals in the prevention and treatment of problem gambling. On this site visitors can access culturally competent programs to help problem gamblers and their families. It is a partnership that will benefit thousands.

PUBLIC FILE 1
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Saturdays, 6:00A-6:30A

CATEGORY: YOUTH & FAMILY (Cont'd)

Issue: **Improving Relationships in Your Life**
Program: Public File 1
Date: March 2, 2014

Description: Take the 5-minute Bibace Self-Test 1. Ask yourself: What should I be doing to achieve a good relationship with another person? Write down your answer. 2. Make a list of the 5 people with whom you have the best relationships. 3. Make a second list of the 5 people who make you feel the best about yourself. 4. Compare the two lists. If they are identical or 4 out of 5 are the same, you have your answer. Your best relationships are with the people who make you feel the best about yourself! 5. Unless that was your answer to question 1, you will have just learned a very important truth and this book will show you how to implement it in all your relationships. Here are a few things "Relationship Power" is very likely to do for you: Improve your relationship with your spouse and family, as well as your social and business relationships, making you a happier and richer person, both emotionally and financially. Help you understand yourself better than ever before, and through that understanding, help you understand others. Show you how to kindly and unobtrusively improve the behavior of others to their life-long benefit as well as perhaps to yours. Identify the main obstacle to previous failed efforts you may have made, explain the source and degree of its power over you, and determine how to overcome it. Assist you in the easiest and quickest way to achieve all the above, in a manner that you can very quickly check for yourself that it is working.

Issue: **Health Care**
Program: Public File 1
Date: March 9, 2014

Description: WellSpace Health is the result of a merger between two Sacramento social service agencies. Family Service Agency historically provided child and family therapy, crisis intervention, and violence prevention. WellSpace Health provided primary health services and treatment of substance abuse. On October 1, 2005 these two agencies merged to create Sacramento's single largest provider offering a full continuum of care for health, mental health, and addictions treatment. The mission of WellSpace Health is achieving regional health through high quality comprehensive care. The vision of WellSpace Health is to build on and strengthen our Core Values, while providing exemplary services through innovative strategies to achieve financial self-sufficiency within two years. By becoming self-sufficient, they hope to attract and retain highly talented people, continually improve the levels of service we provide, and be a dynamic place where effective treatment is readily available to people who need it. They have a passion for the underserved, and seek to provide the best quality service to them. They provide comprehensive medical care for every member of the family, from newborns to seniors. They seek to provide preventive care, treatment for minor illnesses or injuries, and management of chronic medical conditions such as diabetes, asthma or high blood pressure.

PUBLIC FILE 1
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Saturdays, 6:00A-6:30A

CATEGORY: YOUTH & FAMILY (Cont'd)

Issue: **Emergency Relief**
Program: Public File 1
Date: March 16, 2014

Description: The Capital Region Chapter of the American Red Cross first emerged in 1898 and has been providing valuable services to the community ever since. Today they continue to be one of the most trusted community organizations in the area. The Capital Region Chapter of the American Red Cross serves an eleven-county area with a total population of 3,453,429 - the most ethnically and racially integrated metropolitan area in the country. Headquartered in the California State Capital of Sacramento the Capital Region Chapter covers a territory consisting of urban to rural, mountains to valley flatlands, and everything in between. They are dedicated to providing exemplary customer service when delivering the Red Cross mission to their constituents. The chapter responds to a local emergency nearly every 21 hours, is supported by 2,400 dedicated volunteers, and provides service to approximately 13,000 square miles over 11 counties

Issue: **Foster Care**
Program: Public File 1
Date: March 23, 2014

Description: Sierra Forever Families is a private, non-profit agency that focuses on finding and nurturing permanent families for children living in foster care. Founded in 1983, the agency has provided permanent families for more than 3,000 children. Sierra believes that every child needs and deserves a permanent, loving family. Through the agency's innovative programs, it has become an industry leader known for advocating and finding homes for older children and large sibling groups. Their mission is to transform the lives of children in foster care by building and nurturing permanent families. They believe that while some children might need temporary care, no child should grow up in temporary care. All children need a forever family to call their own.

Radio Health Journal®

KDND-FM HD2

**Quarterly Issues Report – Q1 2014 1/5/14 through 3/30/14
Saturdays, 6:30A-7:00A**

During the first quarter of 2014 the following compliancy issues were covered:

Agriculture	Laws and federal government
Arts and culture	Local government
Business and industry	Medicare and federal government
Charities	Military preparedness
Consumerism	Parenting issues
Crime	Police and fire
Disabilities	Poverty
Disaster preparedness	Prevention
Discrimination	Property and water rights
Drought	Psychology
Economics	Public health
Education	Public safety
Emergency response	Rehabilitation
Environment and weather	Science and culture
Family issues	Senior citizens and the elderly
Federal government	Suicide
Food additives	Technology
Food regulations	US Government and military
Food supply	Volunteerism
Gender issues	Weather and climate change
Health care	Women's issues
Interpersonal relationships	Youth at risk

Program # 14-01**Air week: 1-5-14****2:02 SEGMENT 1: Obesity and the military**

Synopsis: The pool of recruits available to the US military is much more overweight and obese than ever, and some experts worry that it's a threat to readiness. Experts discuss the impact of obesity on our nation's finest.

Host: Reed Pence. Guests: Dr. Catherine Maclean, Asst. Prof. of Medical Ethics and Health Policy, Univ. of Pennsylvania Perelman School of Medicine; Dr. Lester Martinez-Lopez, Major General (ret.), US Army, former head, Army Medical and Research Command and member, Mission: Readiness; Stew Smith, fitness trainer and author

COMPLIANCY ISSUES COVERED: US government and military; military preparedness; economics; public health; education

14:56 SEGMENT 2: Home schooling for sick kids

Synopsis: Children facing long term illness and medical care receive education wherever they are. Technology is helping those students maintain more normalcy and contact with their schools than has previously been possible. Experts discuss.

Host: Nancy Benson. Guests: Vicky McClure, teacher of sick children, Chicago Public Schools; Ned Semenite, Vice President, Product Development and Marketing, VGo Communications educational robot developer; Anna King, 8th grader, McCauley Junior High School, The Woodlands, TX

COMPLIANCY ISSUES COVERED: youth at risk; education; technology; economics; charities

Program # 14-02**Air week: 1-12-14****2:03 SEGMENT 1: Cutting**

Synopsis: About one-fifth of teens at some point injure themselves in order to cope with emotional stress. Experts discuss the difference between self-injury and suicidal behavior, and offer tips on how parents should deal with a child who is trying to deal with stress through cutting.

Host: Reed Pence. Guests: Dr. Janis Whitlock, Director, Research Program on Self-Injurious Behavior in Adolescence and Young Adults, Cornell Univ.; Dr. Wendy Lader, co-founder and Clinical Director, SAFE Alternatives, co-founder, Self-Injury Foundation, and co-author, Bodily Harm: The Breakthrough Healing Program for Self-Injurers; Susan Bowman, licensed professional counselor and Vice President, Youth light Publishers and Developmental Resources.

COMPLIANCY ISSUES COVERED: youth at risk; education; suicide; parenting issues

16:04 SEGMENT 2: Avoiding doctor's mistakes

Synopsis: Medical mistakes may be far more common than we think. An expert team of medical consumer advocates discusses what patients can do to protect themselves.

Host: Nancy Benson. Guests: Joe Graedon and Dr. Teresa Graedon, authors, [Top Screw-ups Doctors Make and How to Avoid Them](#). (PeoplesPharmacy.com)

COMPLIANCY ISSUES COVERED: health care; public health; consumerism

Program # 14-03**Air week: 1-19-14**

2:03 SEGMENT 1: Weather and pain

Synopsis: Millions of Americans suffer pain as a result of weather changes. Experts discuss different conditions affected by weather, why pain responds to weather changes and possible remedies to some of these maladies.

Host: Reed Pence. Guests: Deni Cantrall, retired teacher and arthritis sufferer; Dr. Robert Jamison, Prof. of Anesthesia and Psychiatry, Brigham and Women's Hospital and Harvard Medical School; Bob Smirbeck, Expert Senior Meteorologist, AccuWeather.com; Dr. David Borenstein, Clinical Prof. of Medicine, George Washington Univ. School of Medicine and Health Sciences; Dr. Vincent Martin, Prof. of Medicine and Director, Headache and Facial Pain Program, Univ. of Cincinnati.

COMPLIANCY ISSUES COVERED: health care; public health; consumerism; environment and weather; prevention

15:44 SEGMENT 2: Do women make better doctors?

Synopsis: Medicine is changing from technically centered practice to patient-centered, which requires doctors to listen to the patient and relate to them on a personal level. Experts discuss training all new doctors in this style, and whether it suits women better than men as a result of cultural upbringing.

Host: Nancy Benson. Guests: Robert Kreisman, Chicago malpractice attorney; Dr. Carol Aschenbrener, Chief medical Education Officer, Association of American Medical Colleges; Dr. Klea Bertakis, Prof. and Chair, Dept. of Family Community medicine, Univ. of California-Davis; Dr. Holly Humphrey, Dean for Medical Education, Univ. of Chicago

COMPLIANCY ISSUES COVERED: health care; public health; consumerism; women's issues and gender issues; education

Program # 14-04**Air week: 1-26-14**

2:03 SEGMENT 1: Ambulance fees

Synopsis: Millions of Americans are surprised when they get a bill for their 911 ambulance call. Experts explain the economics of emergency medical services, why communities typically bill for calls, and what insurance will and won't pay.

Host: Reed Pence. Guests: Bob Holdsworth, President, Holdsworth Group EMS consultants and veteran paramedic; Dr. Jay Fitch, President, Fitch and Assoc. EMS consultants.

COMPLIANCY ISSUES COVERED: public health; public safety and emergency response; consumerism; economics; local government, police and fire; Medicare and federal government

15:11 SEGMENT 2: Defining sex and gender

Synopsis: Science and society have sought a firm definition of male and female for hundreds of years, but have been unsuccessful even with modern genome analysis. An expert in the history of science discusses how scientists are swayed by cultural considerations in their efforts to define sex and gender, and how research shows there's not as much difference between men and women as most people think.

Host: Nancy Benson. Guest: Dr. Sarah Richardson, Asst. Prof. of the History of Science and the Studies of Women, Gender and Sexuality, Harvard Univ. and author, Sex Itself: The Search for Male and Female in the Human Genome

COMPLIANCY ISSUES COVERED: gender issues; science and culture

Program # 14-05 Air week: 2-2-14

2:04 SEGMENT 1: An Obama care update

Synopsis: The Affordable Care Act's enrollment website had a disastrous rollout, and "young immortals" aren't yet signing up for insurance in numbers that would assure the program's survival. Experts discuss deadlines and incentives that they think will encourage signups, and the difficulties likely to be encountered by people who've never been insured before. Experts also discuss studies showing that newly insured people may use healthcare much differently than had been expected.

Host: Reed Pence. Guests: Michael Mahoney, Sr. Vice President of Consumer Marketing, GoHealth; Dr. Paul Ginsberg, Sr. Fellow, Mathematica Policy Research; Larry Levitt, Sr. Vice President for Special Initiatives, Kaiser Family Foundation; Dr. Katherine Baicker, Prof. of Health Economics, Harvard, School of Public Health

COMPLIANCY ISSUES COVERED: public health; health care; consumerism; economics; federal government; poverty

15:37 SEGMENT 2: Healing arts

Synopsis: Health institutions are increasingly including participation in different forms of art to assist in healing. Experts discuss how it works and offer theories on why it works, as well.

Host: Nancy Benson. Guests: Mary Rockwood, co-author, Healing with The Arts: A 12-Week Program to Heal Yourself and Your Community; Dr. Michael Samuels, co-founder and Director, Arts As A Healing Force and co-author, Healing with The Arts: A 12-Week Program to Heal Yourself and Your Community; Dr. Gary Christenson, Chief medical Officer, Univ. of Minnesota Boynton Health Service and board member, Global Alliance for Arts and Health

COMPLIANCY ISSUES COVERED: health care; arts and culture

Program # 14-06 Air week: 2-9-14

2:05 SEGMENT 1: Traumatic brain injury and relationships

Synopsis: Traumatic brain injury can dramatically change spousal relationships, as the injured may lose the ability to read the emotions of themselves and others, or may suffer a personality change. These relationship issues are often ignored in the rehabilitation process. However, the divorce rate of these couples is much less than previously believed. Experts discuss developing methods to help people with TBIs relearn important social skills.

Host: Reed Pence. Guests: Rosemary Rawlins, wife of TBI patient and author, Learning By Accident; Dr. Jeffrey Kreutzer, Director of Neuropsychology and Rehabilitation Psychology, Virginia Commonwealth Univ.; Dr. Dawn Neumann, Asst. Research Faculty, Indiana Univ. School of Medicine and Clinical Research Assoc., Rehabilitation Hospital of Indiana.

COMPLIANCY ISSUES COVERED: disabilities; family issues; health care and rehabilitation

15:17 SEGMENT 2: Inflammation

Synopsis: Low-level systemic inflammation is being tied to many disorders including heart disease, and now research has even tied inflammation to intermittent explosive disorder, a syndrome of repeated rage. Experts discuss these findings and how inflammation can be combatted through diet and supplementation.

Host: Nancy Benson. Guests: Dr. Melina Jampolis, nutrition specialist physician and author, The Calendar Diet; Dr. Emil Coccaro, Prof. and Chairman of Psychiatry and Behavioral Neuroscience, Univ. of Chicago.

COMPLIANCY ISSUES COVERED: health care; public safety; prevention

Program # 14-07

Air week: 2-16-14

SEGMENT 1: Pregnancy job discrimination

Synopsis: Job discrimination or lack of accommodation due to pregnancy has been illegal for 35 years, but courts have interpreted the law very narrowly, allowing discrimination against pregnant women to occur. Experts discuss how and why discrimination occurs, how women can help prevent it, and how a Congressional bill would tighten up enforcement.

Host: Reed Pence. Guests: Emily Martin, Vice President and General Counsel, National Women's Law Center; Dr. Whitney Botsford Morgan, Asst. Prof. of Management, Univ. of Houston-Downtown.

COMPLIANCY ISSUES COVERED: women's issues; discrimination; disabilities; economics; business and industry; laws and federal government

15:18 SEGMENT 2: Probiotics

Synopsis: Scientists are learning that they can affect many areas of function of the body through supplementation of "good bacteria" in the intestinal tract. Experts discuss new methods.

Host: Nancy Benson. Guests: Dr. Mitchell Jones, Chief Scientific Officer, MicroPharma, Ltd.; Graham Rigby, Senior Vice President of Innovation and Research and Development, New Chapter Supplements.

COMPLIANCY ISSUES COVERED: health care; prevention; technology

Program # 14-08

Air week: 2-23-14

SEGMENT 1: Do we need vitamins?

Synopsis: Rigorous scientific studies increasingly show that for healthy people, vitamins do not prevent many major diseases, such as cancer and heart disease. However, the supplement industry contends that's not why people take vitamins. They see an effort to amass disputable ammunition to further regulate the supplement industry. Experts discuss both sides of the issue.

Host: Reed Pence. Guests: Dr. Edgar Miller, Prof. of Medicine and Epidemiology, Johns Hopkins Univ. co-author of vitamin editorial, Annals of Internal Medicine; John Shaw, Executive Director and CEO, Natural Products Association.

COMPLIANCY ISSUES COVERED: health care; public health; consumerism; economics; regulation and federal government

SEGMENT 2: Alzheimer's wandering

Synopsis: A majority of Alzheimer's disease patients will experience wandering behavior. Yet many families and caregivers have no plan to prevent wandering or find their loved one when they get lost. Experts discuss wandering and how to deal with it.

Host: Nancy Benson. Guests: Beth Kallmyer, Vice President, Constituent Services, Alzheimer's Assoc.; Dr. Michael Raffi, Director, Memory Disorders Clinic and Asst. Prof. of Neurosciences, Univ. of California, San Diego.

COMPLIANCY ISSUES COVERED: senior citizens and elderly; consumerism; public safety

Program # 14-09**Air week: 3-2-14****SEGMENT 1: Weather, agriculture and the food supply**

Synopsis: Wild extremes in weather have become the norm in the nation's breadbasket. Experts discuss climatological reasons, predictions of how weather and climate will change over time, and how farmers are changing practices to keep producing.

Host: Reed Pence. Guests: John Hansen, President, Nebraska Farmer's Union; Dr. Robert Oglesby, Prof. of Earth and Atmospheric Sciences, Univ. of Nebraska; Dr. Jennifer Francis, Research Prof., Institute of Marine and Coastal Sciences, Rutgers Univ.; Dr. Jayson Lusk, Regents Prof. of Agricultural Economics, Oklahoma State Univ.

COMPLIANCY ISSUES COVERED: agriculture; weather and climate change; disaster preparedness; drought; economics; food supply; property and water rights; technology

SEGMENT 2: Thyroid disease

Synopsis: Thyroid disease affects millions of Americans, many of whom have not been diagnosed. Experts discuss symptoms, causes, and treatments.

Host: Nancy Benson. Guests: Dr. Jordan Geller, endocrinologist, Beverly Hills, CA; Shannon Rosen, thyroid disorder patient, Cincinnati, OH; Dr. Jeffrey Garber, Chief of Endocrinology, Harvard Vanguard Medical Assoc., Associate Prof. of Medicine, Harvard Medical School and lead author, Clinical Practice Guidelines for Hypothyroidism in Adults.

COMPLIANCY ISSUES COVERED: health care; food additives

Program # 14-10**Air week: 3-9-14****SEGMENT 1: The bystander effect**

Synopsis: It's a psychological paradox that the greater the numbers of people present when a person needs help, the less likely help will be rendered. Experts discuss reasons why this effect occurs, how it can be broken by technology, and the background of intense research into the effect sparked by the first internationally famous "bystander effect" crime.

Host: Reed Pence. Guests: Kevin Cook, author, Kitty Genovese: the Murder, the Bystanders, the Crime That Changed America; Dr. Jan-Willem van Prooijen, Assoc. Prof. of Social and Organizational Psychology, V-U Univ., Amsterdam, Netherlands and Senior Researcher, Netherlands Institute for Criminology; Dr. James Strickland, psychologist in private practice, Comack, NY.

COMPLIANCY ISSUES COVERED: psychology; crime; volunteerism; technology and society

SEGMENT 2: Silent reflux

Synopsis: Millions of people who think they have allergies, asthma, and sinus problems may actually have "silent reflux" which can travel up the esophagus all the way to the throat and head. An expert discusses telltale symptoms and the dietary triggers that can cause the disorder.

Host: Nancy Benson. Guest: Dr. Jamie Koufman, Director, Voice Institute of New York, Prof. of Clinical Otolaryngology, New York Medical College and author, The Chronic Cough Enigma.

COMPLIANCY ISSUES COVERED: health care; consumerism; federal government and food regulations

Program # 14-11 Air Week: 3-16-14

SEGMENT #1 – Bullying and Hazing: How to deal with the fallout

SYNOPSIS: Many kids are victims of bullying by their peers, and they and their parents don't know why it happens or how to stop it. Hazing rituals are similar to bullying, but the victim willingly participates. We talk to two bullying specialists about why kids bully, what makes someone join in a hazing ritual, what are the signs that a child is being bullied, and find out some strategies parents, teachers and bystanders can use to prevent bullying and deal with both the aggressors and the victims.

Host: Gary Price. **Guests:** Jodee Blanco, speaker, former bully victim, author of "The Please Stop Laughing At Me Journal," Dr. Nadine Kaslow, professor and Vice Chair for Faculty Development in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine, Chief Psychologist at Grady Memorial Hospital.

COMPLIANCY ISSUES COVERED: children & family issues; bullying; therapy; education

SEGMENT #2- Long-Term Unemployed: It's more than just a financial toll

SYNOPSIS: Many Americans have been out of work for more than six months, and are considered "long-term unemployed." It's tough for everyone looking for a job, but especially hard for formerly well-paid white-collar workers. We talk to a researcher and author about the toll it takes on workers and their families, get some advice on how to lessen the frustration and depression that comes with being unemployed, and hear some strategies for getting unemployed workers back on the job.

Host: Marty Peterson. **Guests:** Ofer Sharone, Asst. Prof. at the Sloan School of Management, MIT, author of "Flawed System, Flawed Self,"

COMPLIANCY ISSUES COVERED: employment, business, government

Program # 14-12 Air Week: 3-23-14

SEGMENT 1: Obesity as a disease

Synopsis: Last summer, the American Medical Association labeled obesity as a disease in hopes of getting physicians and society to take it more seriously as a medical problem and not as a lack of willpower. However, some researchers are finding psychological side effects of "having a disease." Experts discuss the effects of the declaration on the public and medical community.

Host: Reed Pence. **Guests:** Ted Kyle, spokesman, Obesity Society (obesity.org); Dr. David Katz, Director, Yale Univ. Prevention Research Center and author, [Disease Proof: The Remarkable Truth About What Makes Us Well](http://davidkatzmd.com) (davidkatzmd.com); Dr. Crystal Hoyt, Assoc. Prof. of Leadership Studies and Psychology, Univ. of Richmond; Dr. Jenny Bernette, Asst. Prof. of Psychology, Univ. Of Richmond (richmond.edu).

COMPLIANCY ISSUES COVERED: health care; public health; discrimination; media and society; consumerism

SEGMENT 2: OTC drugs and kids

Synopsis: Young adolescents often are allowed to take over the counter drugs on their own, but many OTC medicines, especially acetaminophen, can be dangerous. Experts discuss how to educate 'tweens on taking OTC drugs safely.

Host: Nancy Benson. **Guests:** Dr. Tanya Altman, Asst. Clinical Prof. of Pediatrics, Mattel Children's Hospital, UCLA and spokesperson, American Academy of Pediatrics; Dr. Janet Engle, Exec. Assoc. Dean, Prof. and head of Dept. of Pharmacy Practice, Univ. of Illinois at Chicago College of Pharmacy; Sharon Mielke, mother of victim of OTC drug death.

COMPLIANCY ISSUES COVERED: health care; consumerism; youth at risk; consumer safety; drugs and medications

Program # 14-13

Air week: 3-30-14

SEGMENT 1: Weight loss surgery and insurance

Synopsis: If obesity is defined a disease, why do a majority of employer-sponsored health plans refuse to cover weight loss surgery? Experts discuss reasons for this exclusion and new research showing the high costs of obesity's consequences, raising the possibility that paying for weight loss surgery could ultimately save insurers money.

Host: Reed Pence. Guests: Karin Anderson, weight loss surgery patient; Dr. John Morton, Chief of Bariatric Surgery, Stanford Univ. and President-Elect, American Society of Metabolic and Bariatric Surgeons (asmbs.org); Susan Pisano, Vice President for Communications, America's Health Insurance Plans (ahip.org); Dr. Marianne Udow-Phillips, Director, Center for Healthcare Research and Transformation, Univ. of Michigan (chrt.org)

COMPLIANCY ISSUES COVERED: health care; public health; discrimination; economics; consumerism and insurance; consumer safety

SEGMENT 2: Low vision

Synopsis: Vision difficulties that mere glasses can't correct are often referred to as low vision. Experts discuss the various major causes of low vision and how they can be treated and prevented.

Host: Nancy Benson. Guests: Dr. Mark Wilkinson, Clinical Prof. of Ophthalmology, University of Iowa and Chairman, Low Vision Committee, National Eye Health Program of the National Institutes of Health; Dr. James Tsai, Chair and Chief of Ophthalmology, Yale New have Medical Center

COMPLIANCY ISSUES COVERED: health care; consumerism; senior citizens; disabilities

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PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: EDUCATION

Issue: **Helping the Underprivileged in Placer County and Beyond**
Program: Public File 2
Date: January 12, 2014

Description: Sixteen basketball teams compete in the "Common Good Classic" to raise money for the non-profit organization. The tournament features local high school teams from Roseville, Loomis, Rocklin, Colfax and Granite Bay as well as William Jessup University and Dominican University. "An Organization for the Common Good," is a non-profit in Placer County with three basic purposes: First, to seek to identify and provide new social services where gaps in care exist in Placer County. Second, to seek to support those charities that are currently working hard to care for the people who are in need. Finally, to seek to connect the people who are most in need with all the social services that are available in south Placer County. They also seek to connect people to meaningful employment in jobs featuring a living wage. Common Good reaches out to Placer County residents through outreach programs such as Neighborhood Dinner and the Angel Tree. All proceeds from this year's event go to provide scholarships to emancipated foster youth in the Sacramento area.

Issue: **Understanding Disabilities**
Program: Public File 2
Date: March 16, 2014

Description: A Touch of Understanding (ATOU) provides disability awareness programs designed to educate a new generation to understand the challenges associated with disabilities and to accept and respect all individuals. Incorporated in 1996, A Touch of Understanding is a nonprofit organization comprised of dedicated individuals, some with disabilities and some without. These dedicated volunteers come together to form a strong team working to help students look beyond the disability, the wheelchair, the braces, the unpredictable behavior and see the person. The program is geared toward elementary through high school students. With mainstreaming/full inclusion becoming more prevalent, all students, able bodied and disabled, need to recognize their common humanity, desires and feelings. Each year, they speak to approximately 4,000 students throughout the Greater Sacramento area. Each student participates in a two-part program: In the activity portion of the program, they use wheelchairs and mobility canes, write in Braille, handle braces and artificial limbs, and participate in a mirror-writing activity to understand the frustration of a learning disability. They also meet with volunteers who have disabilities, who share their insight and experiences with humor and honesty. The program works by turning negative attitudes into positive ones and facilitating stronger interpersonal skills within the next generation. Attitudes improve and respectful interactions increase.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: EDUCATION (Cont'd)

Issue: **Youth Environmental Programs**
Program: Public File 2
Date: March 23, 2014

Description: Woodcreek Nature Center is located in a 75 acre nature preserve next to Woodcreek High School in Roseville, CA. Woodcreek High School science students serve as entertaining nature docents for visiting elementary students while they explore the wonders of vernal pools, wetlands and oak woodlands every spring. They have programs for 1st – 5th grade students designed to teach the appropriate grade level California science standards. They are excited to offer this unique, fun, outdoor educational experience. It's unique because they are probably the only student run nature center in the country! It's fun because the high school docents perform puppet shows, skits, and even don Australian accents and act like the Crocodile Hunter. They teach science standards using engaging lessons with skulls, nests, tracks, and live animals. The program is free for classes of elementary school students. The students are competing in the *The Siemens We Can Change the World Challenge*. The program covers a wide age-range as the first and only national K-12 curriculum focused on sustainability, teaching kids what it is, what it means, and why it's important to protect the environment. The most appealing aspect of the program is its intention to not just teach students about environmentalism but to actually equip them with the tools that are needed to go out and green their homes, communities and the world at large.

Issue: **Local Scottish Heritage**
Program: Public File 2
Date: March 30, 2014

Description: The Caledonian Club of Sacramento, which was established in 1876, is a nonprofit organization formed to preserve Scottish heritage. Club membership is open to any one of Scottish birth or descent, their kin, and to any person interested in the rich and historic traditions of Scotland. Their regional Scottish-American cultural society hosts many annual events, including the Sacramento Valley Scottish Highland Games & Gathering. The club's goals and purposes are to bring together people of Scottish descent, practice and preserve Scottish traditions, educate the public about Scottish traditions and heritage, promote goodwill among people of Scottish heritage and the public, and perform local charitable works.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: ECONOMY

Issue: **Helping the Underprivileged in Placer County and Beyond**
Program: Public File 2
Date: January 12, 2014

Description: Sixteen basketball teams compete in the "Common Good Classic" to raise money for the non-profit organization. The tournament features local high school teams from Roseville, Loomis, Rocklin, Colfax and Granite Bay as well as William Jessup University and Dominican University. "An Organization for the Common Good," is a non-profit in Placer County with three basic purposes: First, to seek to identify and provide new social services where gaps in care exist in Placer County. Second, to seek to support those charities that are currently working hard to care for the people who are in need. Finally, to seek to connect the people who are most in need with all the social services that are available in south Placer County. They also seek to connect people to meaningful employment in jobs featuring a living wage. Common Good reaches out to Placer County residents through outreach programs such as Neighborhood Dinner and the Angel Tree. All proceeds from this year's event go to provide scholarships to emancipated foster youth in the Sacramento area.

Issue: **Common Human Resource Issues**
Program: Public File 2
Date: February 9, 2014

Description: Human resource professionals play an important strategic role in early 21st century businesses. Attracting and retaining talented employees and motivating them to perform at optimum levels are common traits in high-performing companies. HR professionals and management collaborate to overcome some common challenges involved in hiring, training and leading employees. Many of the issues faced by HR professionals are related to the heightened legal challenges faced by companies. Interpreting and working with the Family Medical Leave Act and Fair Labor Standards Act are examples. HR professionals need to be knowledgeable about the ins and outs of employee laws, the education of managers who apply them and the implementation of hiring and management policies that adapt to them. Immigration and diverse workforces have placed more emphasis on citizenship documentation. Distinguishing between independent contract workers and company employees and addressing workplace privacy issues related to technology use present additional legal challenges for HR professionals. HR professionals spend significant time developing hiring processes that emphasize fairness and follow legal requirements. Interview questions are designed to focus specifically on the requirements for a given job. Applications and other screening tools are also job specific. HR professionals train supervisors and hiring managers to consistently follow guidelines and stick to the script when interviewing. Managers who ask questions outside of those asked of all candidates risk getting into trouble with an upset candidate who isn't hired, which causes legal headaches for the company.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: GOVERNMENT

Issue: **Catching a Local Rapist**
Program: Public File 2
Date: January 5, 2014

Description: Larry Crompton was an investigator in California during the late 1970s and '80s during the rein of terror of a man known as the East Area Rapist in Sacramento and Contra Costa counties and the Original Night Stalker in Santa Barbara and Orange counties. The perpetrator of at least 50 rapes and 12 murders has never been caught and was the subject of a May 2009 episode of "True Hollywood Story Investigates," for which Crompton was interviewed. He had written "Sudden Terror," a true crime book about the case. Because he was not involved in the initial rape investigations, they are written from hundreds of reports, notes, memos, newspaper clippings, conversations and interviews with those who were involved. The East Area Rapist forged a trail of terror from Sacramento to San Ramon in the late 1970s, randomly breaking into women's homes and raping them while their husbands were kept silent. Just as suddenly as he began his spree of 40 rapes, the attacker disappeared at the end of the decade without ever being identified. The Original Night Stalker/The East Area Rapist may be considered one of the worst and prolific "unapprehended" serial offenders in history since the Middle Ages. So far in the investigation, every named or investigated suspect has been cleared through DNA, alibi, or other investigative means and methods.

Issue: **Child Sex Trafficking**
Program: Public File 2
Date: January 26, 2014

Description: Sex trafficking of children is a global and growing issue. Police and government agencies report they have seen the phenomenon of child sex trafficking increase tenfold over the last two years, and the abuse is still on the rise. The greatest factor in promoting child sex trafficking and child sexual exploitation is the demand for younger and younger victims. Most women in prostitution are trafficked into the sex industry as children. Worldwide, the average age of entrance into prostitution is 13. Courage Worldwide (CWW) is an international, 501 c(3) non-profit organization that is building homes around the world for children rescued out of sex trafficking. It is their passion and vision to build Courage Houses in every city that needs one so rescued children will have a safe place to call home. We also want to eradicate sex trafficking completely. With Courage House locations open in Northern California and Tanzania, and with efforts underway to build a home in Hawaii, they are committed to not only rescuing child victims of sex trafficking, but also to restoring their lives. Courage Houses have a comprehensive program that offers a unique life plan for each girl that brings healing to her body, mind, spirit and emotions. They serve all people regardless of religion, race, ethnicity, age, gender or sexual preference.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: HEALTH

Issue: **Safe Cycling in Sacramento**
Program: Public File 2
Date: January 19, 2014

Description: SABA works to maintain, improve and expand bikeways, improve bicycle access, increase cycling safety through education, enforcement and hazard removal, get lockers and showers and workplaces and bike parking everywhere it is need and create a regional network of bike trails. Their work affects the health and livability of the entire Sacramento region. Half of all trips are no more than three miles in length, and cars are used for 60% of all trips a mile or less. They want to see those trips made by bicycle rather than automobile whenever it is possible. SABA represents bicyclists region wide, regardless of their type of bike or how they use it. Their mission is simple: more and safer trips by bike. The specific purpose of SABA is to improve the health and quality of life of residents of the greater Sacramento area by promoting bicycling for transportation and promoting more and safer bicycle trips through education, community service and other charitable acts. Their vision is bicycling for everyday transportation is common because it is safe, convenient, and desirable.

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Program: Public File 2
Date: January 26, 2014

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PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: HEALTH (Cont'd)

Issue: **Rehabilitation from Drugs & Alcohol**
Program: Public File 2
Date: February 2, 2014

Description: CLEAN & SOBER Transitional Living is the oldest and largest comprehensive singular resource in Northern California for recovery. Founded in 1989, they have helped over 5000 men & women recreate their lives. Their 20+ years of experience has resulted in a truly unique approach to recovery that works. Situated in Fair Oaks, California, C&S offers individuals and their families the 4 primary components for getting sober and more importantly "staying & living" clean and sober... Intervention, Detox, Residential Treatment, and Sober Living. Clean & Sober Detox offers a safe, confidential and caring environment with a medical component for successful withdrawal from alcohol and drugs. First and foremost they only accept 6 people at a time. This creates a very personal detox experience. Unlike most detox facilities, C&S is a real program with heart and compassion. Clean & Sober Residential Treatment is a 28 day program where clients learn about the disease of addiction and what is required to establish and maintain sobriety. With over 40 hours a week of individual and group treatment sessions (over twice as much required for California certification), 12 step meetings and family education our program effectively prepares people on how to "live" sober. A serene environment located on 2 acres, individualized 1 on1 sessions and the ever so important family education and involvement makes their program extremely effective.

Issue: **Recreation for Adult Cancer Patients**
Program: Public File 2
Date: February 23, 2014

Description: The Me-One Foundation is a non-profit corporation created to provide adult cancer patients and their families with an environment where they can be allowed to embrace life without cancer as the first and foremost thought of their every waking moment. The Me-One Foundation will provide families with activities and events to promote courage, hope, laughter, and enjoyment through Camp Challenge. Camp Challenge is a no-cost camp for families afflicted by cancer and in need of a place of joy and relaxation that will focus them on living life, and not fighting disease. By providing this haven of hope, we allow families to be victorious, even if temporarily, over cancer, and keeping life's scoreboard at Cancer-Zero; Me-One.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: HEALTH (Cont'd)

Issue: **Multiple Sclerosis**
Program: Public File 2
Date: March 2, 2014

Description: More than 2.1 million people are affected by MS worldwide. Multiple sclerosis (or MS) is a chronic, often disabling disease that attacks the central nervous system (CNS). Symptoms may be mild, such as numbness in the limbs, or severe, such as paralysis or loss of vision. The progress, severity, and specific symptoms of MS are unpredictable and vary from one person to another. Today, new treatments and advances in research are giving new hope to people affected by the disease. At this time, there are no symptoms, physical findings or laboratory tests that can, by themselves, determine if a person has MS. The doctor uses several strategies to determine if a person meets the long-established criteria for a diagnosis of MS and to rule out other possible causes of whatever symptoms the person is experiencing. Walk MS is the rallying point of the MS movement, creating a community of shared commitment determined to end MS. Walk MS is a day that allows people to come together and celebrate being part of a movement by and for the 400,000 Americans diagnosed with MS.

Issue: **Understanding Disabilities**
Program: Public File 2
Date: March 16, 2014

Description: A Touch of Understanding (ATOU) provides disability awareness programs designed to educate a new generation to understand the challenges associated with disabilities and to accept and respect all individuals. Incorporated in 1996, A Touch of Understanding is a nonprofit organization comprised of dedicated individuals, some with disabilities and some without. These dedicated volunteers come together to form a strong team working to help students look beyond the disability, the wheelchair, the braces, the unpredictable behavior and see the person. The program is geared toward elementary through high school students. With mainstreaming/full inclusion becoming more prevalent, all students, able bodied and disabled, need to recognize their common humanity, desires and feelings. Each year, they speak to approximately 4,000 students throughout the Greater Sacramento area. Each student participates in a two-part program: In the activity portion of the program, they use wheelchairs and mobility canes, write in Braille, handle braces and artificial limbs, and participate in a mirror-writing activity to understand the frustration of a learning disability. They also meet with volunteers who have disabilities, who share their insight and experiences with humor and honesty. The program works by turning negative attitudes into positive ones and facilitating stronger interpersonal skills within the next generation. Attitudes improve and respectful interactions increase.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: ENVIRONMENT, ENERGY & TRANSPORTATION

Issue: **Safe Cycling in Sacramento**
Program: Public File 2
Date: January 19, 2014

Description: SABA works to maintain, improve and expand bikeways, improve bicycle access, increase cycling safety through education, enforcement and hazard removal, get lockers and showers and workplaces and bike parking everywhere it is needed and create a regional network of bike trails. Their work affects the health and livability of the entire Sacramento region. Half of all trips are no more than three miles in length, and cars are used for 60% of all trips a mile or less. They want to see those trips made by bicycle rather than automobile whenever it is possible. SABA represents bicyclists region wide, regardless of their type of bike or how they use it. Their mission is simple: more and safer trips by bike. The specific purpose of SABA is to improve the health and quality of life of residents of the greater Sacramento area by promoting bicycling for transportation and promoting more and safer bicycle trips through education, community service and other charitable acts. Their vision is bicycling for everyday transportation is common because it is safe, convenient, and desirable.

Issue: **Youth Environmental Programs**
Program: Public File 2
Date: March 23, 2014

Description: Woodcreek Nature Center is located in a 75 acre nature preserve next to Woodcreek High School in Roseville, CA. Woodcreek High School science students serve as entertaining nature docents for visiting elementary students while they explore the wonders of vernal pools, wetlands and oak woodlands every spring. They have programs for 1st – 5th grade students designed to teach the appropriate grade level California science standards. They are excited to offer this unique, fun, outdoor educational experience. It's unique because they are probably the only student run nature center in the country! It's fun because the high school docents perform puppet shows, skits, and even don Australian accents and act like the Crocodile Hunter. They teach science standards using engaging lessons with skulls, nests, tracks, and live animals. The program is free for classes of elementary school students. The students are competing in the *The Siemens We Can Change the World Challenge*. The program covers a wide age-range as the first and only national K-12 curriculum focused on sustainability, teaching kids what it is, what it means, and why it's important to protect the environment. The most appealing aspect of the program is its intention to not just teach students about environmentalism but to actually equip them with the tools that are needed to go out and green their homes, communities and the world at large.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: MINORITIES, WOMEN & AGING

Issue: **Catching a Local Rapist**
Program: Public File 2
Date: January 5, 2014

Description: Larry Crompton was an investigator in California during the late 1970s and '80s during the rein of terror of a man known as the East Area Rapist in Sacramento and Contra Costa counties and the Original Night Stalker in Santa Barbara and Orange counties. The perpetrator of at least 50 rapes and 12 murders has never been caught and was the subject of a May 2009 episode of "True Hollywood Story Investigates," for which Crompton was interviewed. He had written "Sudden Terror," a true crime book about the case. Because he was not involved in the initial rape investigations, they are written from hundreds of reports, notes, memos, newspaper clippings, conversations and interviews with those who were involved. The East Area Rapist forged a trail of terror from Sacramento to San Ramon in the late 1970s, randomly breaking into women's homes and raping them while their husbands were kept silent. Just as suddenly as he began his spree of 40 rapes, the attacker disappeared at the end of the decade without ever being identified. The Original Night Stalker/The East Area Rapist may be considered one of the worst and prolific "unapprehended" serial offenders in history since the Middle Ages. So far in the investigation, every named or investigated suspect has been cleared through DNA, alibi, or other investigative means and methods.

Issue: **Child Sex Trafficking**
Program: Public File 2
Date: January 26, 2014

Description: Sex trafficking of children is a global and growing issue. Police and government agencies report they have seen the phenomenon of child sex trafficking increase tenfold over the last two years, and the abuse is still on the rise. The greatest factor in promoting child sex trafficking and child sexual exploitation is the demand for younger and younger victims. Most women in prostitution are trafficked into the sex industry as children. Worldwide, the average age of entrance into prostitution is 13. Courage Worldwide (CWW) is an international, 501 c(3) non-profit organization that is building homes around the world for children rescued out of sex trafficking. It is their passion and vision to build Courage Houses in every city that needs one so rescued children will have a safe place to call home. We also want to eradicate sex trafficking completely. With Courage House locations open in Northern California and Tanzania, and with efforts underway to build a home in Hawaii, they are committed to not only rescuing child victims of sex trafficking, but also to restoring their lives. Courage Houses have a comprehensive program that offers a unique life plan for each girl that brings healing to her body, mind, spirit and emotions. They serve all people regardless of religion, race, ethnicity, age, gender or sexual preference.

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QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: MINORITIES, WOMEN & AGING (Cont'd)

Issue: **Common Human Resource Issues**
Program: Public File 2
Date: February 9, 2014

Description: Human resource professionals play an important strategic role in early 21st century businesses. Attracting and retaining talented employees and motivating them to perform at optimum levels are common traits in high-performing companies. HR professionals and management collaborate to overcome some common challenges involved in hiring, training and leading employees. Many of the issues faced by HR professionals are related to the heightened legal challenges faced by companies. Interpreting and working with the Family Medical Leave Act and Fair Labor Standards Act are examples. HR professionals need to be knowledgeable about the ins and outs of employee laws, the education of managers who apply them and the implementation of hiring and management policies that adapt to them. Immigration and diverse workforces have placed more emphasis on citizenship documentation. Distinguishing between independent contract workers and company employees and addressing workplace privacy issues related to technology use present additional legal challenges for HR professionals. HR professionals spend significant time developing hiring processes that emphasize fairness and follow legal requirements. Interview questions are designed to focus specifically on the requirements for a given job. Applications and other screening tools are also job specific. HR professionals train supervisors and hiring managers to consistently follow guidelines and stick to the script when interviewing. Managers who ask questions outside of those asked of all candidates risk getting into trouble with an upset candidate who isn't hired, which causes legal headaches for the company.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: CRIME

Issue: **Catching a Local Rapist**
Program: Public File 2
Date: January 5, 2014

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Issue: **Child Sex Trafficking**
Program: Public File 2
Date: January 26, 2014

Description: Sex trafficking of children is a global and growing issue. Police and government agencies report they have seen the phenomenon of child sex trafficking increase tenfold over the last two years, and the abuse is still on the rise. The greatest factor in promoting child sex trafficking and child sexual exploitation is the demand for younger and younger victims. Most women in prostitution are trafficked into the sex industry as children. Worldwide, the average age of entrance into prostitution is 13. Courage Worldwide (CWW) is an international, 501 c(3) non-profit organization that is building homes around the world for children rescued out of sex trafficking. It is their passion and vision to build Courage Houses in every city that needs one so rescued children will have a safe place to call home. We also want to eradicate sex trafficking completely. With Courage House locations open in Northern California and Tanzania, and with efforts underway to build a home in Hawaii, they are committed to not only rescuing child victims of sex trafficking, but also to restoring their lives. Courage Houses have a comprehensive program that offers a unique life plan for each girl that brings healing to her body, mind, spirit and emotions. They serve all people regardless of religion, race, ethnicity, age, gender or sexual preference.

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QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

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Program: Public File 2
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PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: DRUG ABUSE

Issue: **Child Sex Trafficking**
Program: Public File 2
Date: January 26, 2014

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Issue: **Rehabilitation from Drugs & Alcohol**
Program: Public File 2
Date: February 2, 2014

Description: CLEAN & SOBER Transitional Living is the oldest and largest comprehensive singular resource in Northern California for recovery. Founded in 1989, they have helped over 5000 men & women recreate their lives. Their 20+ years of experience has resulted in a truly unique approach to recovery that works. Situated in Fair Oaks, California, C&S offers individuals and their families the 4 primary components for getting sober and more importantly "staying & living" clean and sober... Intervention, Detox, Residential Treatment, and Sober Living. Clean & Sober Detox offers a safe, confidential and caring environment with a medical component for successful withdrawal from alcohol and drugs. First and foremost they only accept 6 people at a time. This creates a very personal detox experience. Unlike most detox facilities, C&S is a real program with heart and compassion. Clean & Sober Residential Treatment is a 28 day program where clients learn about the disease of addiction and what is required to establish and maintain sobriety. With over 40 hours a week of individual and group treatment sessions (over twice as much required for California certification), 12 step meetings and family education our program effectively prepares people on how to "live" sober. A serene environment located on 2 acres, individualized 1 on1 sessions and the ever so important family education and involvement makes their program extremely effective.

PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: HOUSING

Issue: **Child Sex Trafficking**
Program: Public File 2
Date: January 26, 2014

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PUBLIC FILE 2
QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: YOUTH & FAMILY

Issue: **Achieving Your Life's Goals**
Program: Public File 2
Date: January 5, 2014

Description: Jan Mendoza is a motivational author and broadcaster who uses her real-life experiences to help you get out of your own way to get things in your life accomplished. If you dreamed about being an author, entertainer, or mountain climber, Jan will help you reach your goals. Jan Mendoza worked many years as an on-air personality, is a certified paralegal and has embarked on many entrepreneurial endeavors in her life. Get up and get going, that's her motto. Her shows feature interviews with special motivational guests, and on-air callers. Her book, "I Was Born To Be", teaches tools for success - fighting negative voices, successfully managing time, getting ideas started and sold - and tools for life – legal facts about divorce and separation, dealing with turmoil in the family, and how to stay happy by living.

Issue: **Helping the Underprivileged in Placer County and Beyond**
Program: Public File 2
Date: January 12, 2014

Description: Sixteen basketball teams compete in the "Common Good Classic" to raise money for the non-profit organization. The tournament features local high school teams from Roseville, Loomis, Rocklin, Colfax and Granite Bay as well as William Jessup University and Dominican University. "An Organization for the Common Good," is a non-profit in Placer County with three basic purposes: First, to seek to identify and provide new social services where gaps in care exist in Placer County. Second, to seek to support those charities that are currently working hard to care for the people who are in need. Finally, to seek to connect the people who are most in need with all the social services that are available in south Placer County. They also seek to connect people to meaningful employment in jobs featuring a living wage. Common Good reaches out to Placer County residents through outreach programs such as Neighborhood Dinner and the Angel Tree. All proceeds from this year's event go to provide scholarships to emancipated foster youth in the Sacramento area.

Issue: **Safe Cycling in Sacramento**
Program: Public File 2
Date: January 19, 2014

Description: SABA works to maintain, improve and expand bikeways, improve bicycle access, increase cycling safety through education, enforcement and hazard removal, get lockers and showers and workplaces and bike parking everywhere it is needed and create a regional network of bike trails. Their work affects the health and livability of the entire Sacramento region. Half of all trips are no more than three miles in length, and cars are used for 60% of all trips a mile or less. They want to see those trips made by bicycle rather than automobile whenever it is possible. SABA represents bicyclists region wide, regardless of their type of bike or how they use it. Their mission is simple: more and safer trips by bike. The specific purpose of SABA is to improve the health and quality of life of residents of the greater Sacramento area by promoting bicycling for transportation and promoting more and safer bicycle trips through education, community service and other charitable acts. Their vision is bicycling for everyday transportation is common because it is safe, convenient, and desirable.

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QUARTERLY ISSUES REPORTS
January 1, 2014 – March 30, 2014
KDND-FM HD2
Sundays, 6:00A-6:30A

CATEGORY: YOUTH & FAMILY (Cont'd)

Issue: **Child Sex Trafficking**
Program: Public File 2
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THE MEDIA PROJECT
KDND-FM HD2
1st QUARTERLY ISSUES REPORTS
Jan. 1, 2014 – March 31, 2014
Sundays, 6:30A-7:00A

Date	Time	Show #	Topic
1/3/14	25:00	#1179	WAMC'S Alan Chartock, Albany Times Union Associate Editor Mike Spain, and Daily Gazette Editor Judy Patrick discuss the newspaper industry and whether it's coming out of its recession, young people going into journalism, a thoughtful letter from a listener, and much more.
1/10/14	25:00	#1180	Alan Chartock, Albany Times Union Editor Rex Smith, and Daily Freeman publisher emeritus Ira Fusfeld discuss the new book on Fox News' Roger Ailes, interviewing techniques, and the new personal brand journalism.
1/17/14	25:00	#1181	Alan Chartock, Daily Freeman Publisher Emeritus Ira Fusfeld, and Daily Gazette Editor Judy Patrick discuss Edward Snowden joining the Freedom of Press Foundation, a controversy with Howard Kurtz, Courtney Love and the first Twitter libel trial, and much more.
1/24/14	25:00	#1182	Alan Chartock, Albany Times Union Editor Rex Smith, and Daily Freeman publisher emeritus Ira Fusfeld discuss a St. Louis TV station causing a school to go into lock down, Glenn Beck apologizes, and much more.
1/31/14	25:00	#1183	The Times Union's Rex Smith, WAMC's Alan Chartock, and University at Albany Professor Rosemary Armao discuss Congressman Grimm's attack on a NY 1 reporter, Pete Seeger talks about the theme song Newspapermen, a listener letter, and much more.
2/7/14	25:00	#1184	Rex Smith, WAMC's Alan Chartock, and Longtime Daily Freeman Publisher Ira Fusfeld talk about Bill O'Reilly's interview with President Obama before the Superbowl, what Digital First Media means by 'unbolting', and much more.
2/14/14	25:00	#1185	Alan Chartock, The Times Union's Rex Smith, and SUNY Albany Professor Rosemary Armao talk about weather and sports coverage in the news, the U.S. ranking 46th on press freedom, Bill Keller leaves the New York Times, and much more.
2/21/14	25:00	#1186	Alan Chartock, The Times Union's Rex Smith, and SUNY Albany Professor Rosemary Armao talk about weather and sports coverage in the news, the U.S. ranking 46th on press freedom, Bill Keller leaves the New York Times, and much more.
2/28/14	25:00	#1187	Alan Chartock, Times Union Editor Rex Smith and University at Albany Professor Rosemary Armao discuss Ukranian Journalists working overtime, a controversial story in the New York Observer, the correction of the week, and much more.
3/7/14	25:00	#1188	Alan Chartock, The Albany Times Union's Rex Smith, and Daily Freeman Publisher Emeritus Ira Fusfeld discuss how newspapers generate traffic, Newsweek is back in print, The New York Times corrects a very old story, and much more.
3/14/14	25:00	#1189	Alan Chartock, Times Union Editor Rex Smith and University at

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			Albany Professor Rosemary Armao discuss your letters, covering the Malaysian missing plane, and much more.
3/21/14	25:00	#1190	Alan Chartock, The Albany Times Union's Rex Smith, and Daily Freeman Publisher Emeritus Ira Fusfeld discuss a reporter's "inappropriate relationship with a source, CNN's constant coverage of the missing Malaysian plane, tweeting news, and much more.
3/28/14	25:00	#1191	Alan Chartock, University at Albany Professor Rosemary Armao, and Daily Freeman Publisher Emeritus Ira Fusfeld. On this week's show they talk about CNN producers arrested, constant coverage of the missing Malaysian plane, whether computers will write the news of the future, and much more.